**Freud’s Developmental Stages**

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| **Age (months)** | **Stage of Development** |
| 0-1 | Oral- Focus on eating and taking things into the mouth. |
| 1-3 | Anal. Emphasis on toilet training; first experience with discipline and authority. |
| 3-6 | Phallic. Increase in sexual urges leads to Oedipus complex in males. |
| 6-12 | Latency. Sexual urges repressed; emphasis on education and the beginnings of concern for others. |
| 12-20 | Genital. Altruistic love joins selfish love; need for reproduction of species underlies adoption of adult responsibilities. |

**Erickson’s Stages of Development**

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| **Age Period( Years)** | **Stage of Development** |
| 0-1 | **Infancy**  Task: To develop basic trust in oneself and others.  Risk: Mistrust of others and lack of self-confidence. |
| 1-3 | **Early Childhood**  Task: To learn self-control and establish autonomy.  Risk: Shame and doubt about one’s own capabilities. |
| 3-6 | **Play Age**  Task: To develop initiative in mastering environment.  Risk: Feelings of guilt over aggressiveness and daring. |
| 6-12 | **School Age**  Task: To develop industry.  Risk: Feelings of inferiority over real or imagined failure to master tasks. |
| 12-20 | **Adolescence**  Task: To achieve sense of identity.  Risk: Role confusion over who and what the individual wants to be. |
| 20-30 | **Young Adulthood**  Task: To achieve intimacy with others.  Risk: Shaky identity may lead to avoidance of others and isolation. |
| 30-65 | **Adulthood**  Task: To express oneself through generatively.  Risk: Inability to create children, ideas, or products may lead to stagnation. |
| 65+ | **Mature Age**  Task: To achieve sense of integrity.  Risk: Doubts and unfulfilled desires may lead to despair. |